

013 Gymleco High Row

010 series, Plate Loaded



A Gymleco back machine with long movement function that rotates the entire scapula.

The system also involves many of the deep muscles in the shoulders, back and lats.

The machine is easy on the wrists, elbows and shoulder joint, thanks to the ergonomically placed handles and lever angles.

- Long operating range.
- Easy to set up.
- 4 weight hangers included.
- Reduces the load on the joints by 40%.

Lenght	Width	Height	Weight
160 cm	110 cm	198 cm	152 kg

No maintenance needs.