

# 032 Gymleco Upright Row

010 series, Plate Loaded



A Gymleco machine that focuses on providing a balanced workout of the trapezius muscles. Move forward or backwards and bend your upper body forward to find your favorite position.

With the different configurations the user can train the neck, shoulders and upper back. Gymleco's unique individual arms with optimal biomechanics gives the right load distribution throughout the movement.

- Standard frame color: Black
- Large footplate
- Rubberized handles
- Individual arms
- 2 weight hangers included

**Length**

120 cm

**Width**

140 cm

**Height**

94 cm

**Weight**

92,5 kg

No maintenance needs.

**Gymleco®**