

# 072 Gymleco Ab Roll Up

010 series, Plate Loaded



Gymlecos own Ab Roll Up machine makes it great fun to work out abs and waist in an efficient way. The tool is completely silent and maintenance free.

It is suitable for all body types and body lengths and activates correct muscles in a very easy way.

- Standard frame color: Black
- Standard cushion color: Black or Red
- Long operating range
- 1 weight hangers included
- Correct long movement

Lenght	Width	Height	Weight
100 cm	96 cm	140 cm	72,5 kg

No maintenance needs.