

141 Gymleco glute ham rise

100 series Basic equipment



A classic tool for hard training for Gluteus and Hamstrings. The foot stand can be set to suit all people.

The two thigh pads are adapted to follow throughout the movement. You can also do abdominal workouts with the machine.

- Standard frame color: black
- Standard color cushion: black / red

Lenght
110 cm

Width
60 cm

Height
90 cm

Weight
51 kg

No maintenance needed
Clean with gentle detergents

Gymleco®