

174 Gymleco brutal bench

100 series Basic equipment



The Gymleco brutal bench has recently become very popular. It offers really brutal activation of the abdominal muscles. The tool has been used extensively in the rescue service and in gymnastics. The fire brigade usually carry out tests and competitions with the bench. The bench can easily be supplemented with a dipping post. The implement requires attachment.

- Attached to the wall and to the floor
- Steps and handles for easy getting in and out of the bench
- Standard frame color: black
- Standard color cushion: black / red

Lenght
75 cm

Width
50 cm

Height
160 cm

Weight
24 kg

No maintenance needed
Clean with gentle detergents

Gymleco®