

179 Gymleco leg lift with chins and dip function

100 series Basic equipment



Creates an easy and stable workout for the lower abdominal muscles through the stable body position with support for the arms, a back cushion and handles. It's equipped with both a dip rack and a chin rack. The arm support is easily folded away for dip exercises.

- Stable and secure training
- Not burdening
- Standard frame color: black
- Standard color cushion: black / red

Lenght
70 cm

Width
91 cm

Height
227cm

Weight
78 kg

No maintenance needed
Clean with gentle detergents

Gymleco®