

# 193V Gymleco Adjustable Dumbbell Exercise Bench

100 series Basic equipment



Gymleco's latest addition of unique training benches. A fully adjustable gym bench with specially designed backrests to create the right conditions for chest press exercises such as chestflies. Chestflies is an effective and isolated exercise for the chest muscles that can be done with either dumbbells or in a cable machine.

This is a stable gymbench that can withstand very high loads and is designed for commercial use in a professional gym. The backrest can be adjusted in eight different positions. The seat cushion can be set in three different positions.

- The backrest has 8 different positions
- The seat cushion has 3 different positions
- Easy to adjust the positions
- Angled backrest to optimize your chest exercise
- Width cushion: 30 cm
- Possible to buy wheels for easier movement of the bench
- Standard frame color: black
- Standard color cushion: black

**Lenght**  
130 cm

**Width**  
53 cm

**Height**  
27-115 cm

**Weight**  
35 kg

No maintenance needed  
Clean with gentle detergents

**Gymleco®**