

310 Gymleco Seated Row

300 series, Selectorized machines



A flexible training machine from Gymleco that effectively trains the back muscles. Proper outward movement with individually movable arms for alternate exercise.

Ergonomically angled handles for maximum relief of the wrists. The seat cushion is infinitely adjustable. The machine is designed with Gymleco's unique individual camshafts, which provide the right load throughout the movement.

- Standard frame color: Black
- Standard cushion color: Black / Red
- Weight block: 100 kg
- Larger weight block (optional)
- Individual arms

Lenght	Width	Height	Weight	Weight stack
151 cm	63 cm	165 cm	227 kg	100 kg

No maintenance needs.
Clean with gentle detergents.