

# 321 Gymleco Seated Wide Chest Press

300 series, Selectorized machines



This chest machine has a two handles to choose from. Both with a natural movement that is gentle on your body. It goes from a wide starting position, via an ergonomic V-shaped movement path until the handles meet in the final position. Effective and safe at the same time. Use the seated wide chest press machine by pressing some of the two rubberised handles forward in a classic chest press movement. The feeling and difference in the V-movement makes this gym machine one of our topsellers. The chest machine follows your natural body movement. This results in a higher and more efficient activation of the chest muscles and reduces the strain on ligaments and muscles. The sensation is the same as with free weights but safer and more stable.

- Standard frame color: Black
- Standard cushion color: Black / Red
- Larger weight block (optional)
- Inward long V-shaped movement.

Length	Width	Height	Weight	Weight stack
139 cm	137 cm	149 cm	224 kg	100 kg

No maintenance needs.  
Clean with gentle detergents.