

# 342R Gymleco Legcurl, Lying, Rehab

300 series, Selectorized machines



The adjustable construction makes it possible to adjust the starting angle in 13 different positions at 10 ° intervals.

The ergonomic design reduces the lower back strain while optimizing contact with the muscles on the back of the thigh. The range of operations is well developed and together with the counterbalanced construction it provides a strong contracting opportunity at the end of the exercise.

Equipped with a full cushion over the calves to make it easier to get in and out of the machine. The machine's motion curve follows the body's biomechanics

- Standard frame color: Black
- Standard cushion color: Black / Red
- Easy to set
- Weight block: 80 kg
- Larger weight block (optional)
- Long movement

Lenght	Width	Height	Weight
170 cm	97 cm	149 cm	182,5 kg

No maintenance needs.