

354 Gymleco Dip / Shoulder pull

300 series, Selectorized machines / Multimachines



Exercise machine that is uncompromisingly used as a dipping machine and also with reverse movement can do shaft pull.

By folding behind the backrest, the machine also becomes a declining press for chest muscle training.

Thus, in the machine you can perform 3 different exercises. Sitting exercise in upright position with anatomically correct movement path.

- Standard frame color: Black
- Standard cushion color: Black / Red
- Easy to set
- Weight block: 100 kg
- Larger weight block (optional)
- Long movement

Length	Width	Height	Weight
174 cm	85 cm	136 cm	235 kg

No maintenance needs.