

362 Gymleco Abductor, Standing

300 series, Selectorized machines



For many years the consumer at the gym has been creative in their workouts. From standing back and forth on Gymleco's abductor machine to create another new exercise, the idea for this machine was born.

The machine provides a constant resistance throughout the movement and ensures an effective and physiological exercise on the thighs -and gluteus muscles.

The machine and it's footplates are designed to be a safe exercise for the consumer, do not take up much space on the gym and are equipped with comfortable handles.

- Standard frame color: Black
- Standard cushion color: Black / Red
- No settings needed
- Weight block: 100 kg
- Larger weight block (optional)
- Easy to use

Length	Width	Height	Weight
110 cm	65 cm	142 cm	210 kg

No maintenance needs.