

370 Gymleco Abdominal, Seated

300 series, Selectorized machines



A fun machine that gets everyone to start exercising abdominal. Advanced design with complete fit for all body lengths.

Unplug the hip flexor muscle. Stabilizes and relieves the back in an anatomically correct way making it suitable for rehabilitation training.

The perfect stomach machine in its original version. A product that many manufacturers tried unsuccessfully to copy.

- Standard frame color: Black
- Standard cushion color: Black / Red
- Ergonomically designed
- Weight block: 60 kg
- Larger weight block (optional)
- No settings needed

Lenght	Width	Height	Weight
170 cm	101 cm	104 cm	176 kg

No maintenance needs.